

Emotional Literacy Support Assistants (ELSAs)



what

Our ELSAs want to make children and young people feel happy in school and to reach their potential socially, emotionally and academically. They understand the barriers to learning that some children and young people might have and can help them with this. They can support the children and young person's emotional development and help them cope with life's challenges.

how

Following a discussion with your child's class teacher around their and your concerns, we will ask for permission for one of our ELSAs to work with your child. Our ELSAs will meet with your child weekly, once permission has been received, working with yourself, your child and their teacher to tailor sessions to support them.

Areas that our ELSAs support in:

- Loss and bereavement
- Self-esteem
- Social Skills
- Friendship issues
- Relationships
- Managing strong feelings
- Anxiety and worries
- Conflict
- Emotional Regulation
- Growth Mindset
- Social and therapeutic stories
- Problem solving

Meet our ELSAs!



Mrs Alcock



Mrs Heeks

